

Signs and Symptoms of Rotator Cuff Tears

- Traumatic > degenerative
- Male > female.
- > 45y/o
- P.M. pain all positions
- Overcompensation with shoulder elevation
- Massive tears=min. pain
- Partial tears = mod-severe pain
- Weak ER, abd, flex.
- + Supraspinatus test
- + Lift-off test
- + Drop arm test
- MOI: FOOSH, cranking things (outboard motor), awkward lifts